

# Virginia Scholastic Rowing Association

## 2018-2019 Key Dates

### (Updated 1/27/19)

\* Item - must be completed for a team to row in a VASRA regatta or meet

January	
26-27	Level 2 Coaches Clinic, Dee Campbell Boathouse, Alexandria, VA
31	Publish the 2019 Safety Plan update on the VASRA Web Site.
TBD	Executive Board meeting with NVRPA to agree/sign the 2019 Memorandum of Understanding (MOU)
TBD	Executive Board review Rowing Weight Control Program with FCPS Head Trainer

February	
2	Erg Sprints, TC Williams ( <a href="http://www.ergsprints.com">www.ergsprints.com</a> )
5	BOD Meeting (#4), 7:30 pm, 400 Center St South, Vienna, VA 22108
11	Lightweight programs initiated (body fat measurements). Lightweight declaration window open until March 11
18	First Day of on-water practice
23	Occoquan Work Day - Course Preparation - Two shifts: 9 am-12 pm, 1 pm-4 pm.
24	Coxswain's Clinic (12:00 – 4:00 pm, South County High School)
TBD	Sandy Run Safety Meeting

March	
1	<b>Unused Launches Must Be Removed from the Park</b>
2	Occoquan Work Day - On Water Course Installation #1 - Two shifts: 9 am-12 pm, 1 pm-4 pm.
2	U.S. Rowing Spring Referee Clinic, 8:30 am – 12:00 noon, Knights of Columbus, 8592 Richmond Hwy, Alexandria, VA 22309
2	LOC Organizational Meeting, Sandy Run Regional Park, 1:00 pm
5	BOD Meeting (#5), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> <li>• Trophies turned in to Trophy Committee for VSRC championships and Phoenix regatta preparation.</li> <li>• Nominations Committee members designated by VASRA President</li> </ul>
9	Occoquan Work Day - On Water Course Installation #2 - Two shifts: 9 am-12 pm, 1 pm-4 pm
11	Lightweight declaration window closes
15	Items Due: <ul style="list-style-type: none"> <li>• List of Trained Launch Drivers due to Volunteer Coordinator.</li> <li>• Volunteer Names Due to Volunteer Coordinator</li> <li>• * Rule Book Certification due to VASRA Secretary from school ADs</li> <li>• * Team Master Eligibility List (MEL) due to VASRA Secretary</li> </ul>
16	Occoquan Work Day - On Water Course Installation #3 - Two shifts: 9 am-12 pm, 1 pm-4 pm.
23	Polar Bear Regatta (Coaches Meeting 8:00, Coxes 8:30, First Race 10:00) – No Block Scheduling
30	Regional Park Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) – <b>Block Scheduling 8s in PM</b>

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<b>April</b>	
2	BOD Meeting (#6), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> <li>• Nomination Committee submits slate of officers for election consideration at June Meeting.</li> <li>• Team Rosters for Championship due to the Regatta Director</li> <li>• Audit Committee Appointed</li> </ul>
6	Walter Mess Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - <b>Block Scheduling 8s in AM</b>
13	Darrell Winslow Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - <b>Block Scheduling 8s in PM</b>
15-19	Spring Break
19	Passover Starts
21	Easter
20	Ted Phoenix Regatta ( <b>Cancelled</b> )
27	Al Urquiiia Regatta (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00) - <b>Block Scheduling 8s in AM</b>
27	Charlie Butt Regatta, Potomac (Coaches Meeting 7:00, Coxes 7:30, First Race 9:00)

<b>May</b>	
1	Entries Due for VSRC Day 1 and Day 2
3	VSRC entry declaration by Div 2 teams to row up to Div 1. Coaches notify Coach Association President
4	VSRC Day 1 (Coaches Meeting 6:00, Coxes 6:30, First Race 8:00)
9	Submit room request for next season's BOD meetings, Volunteer Coordinator Meeting and Coxswain Clinics
11	VSRC Day 2 (Coaches Meeting 6:00, Coxes 6:30, First Race 8:00)
Mid May	Summer Rowing Programs announced ( <a href="http://forums.vasra.org">http://forums.vasra.org</a> )
17-18	Stotesbury Regatta, Philadelphia
24-25	SRAA Championship Regatta, Dillon Lake, Nashport, OH

<b>June</b>	
1	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.
4	BOD Meeting (#7), 7:30 pm, 400 Center St South, Vienna, VA 22108 <ul style="list-style-type: none"> <li>• Elect Officers for the next year.</li> <li>• Budget presented to Board of Directors and voted if not already approved electronically</li> <li>• Coordinators / Committee Chairs submit job description / committee function update</li> <li>• Final VASRA Regatta Fees adjustment due to / from Treasurer</li> <li>• Tentative events schedule for next year handed out. Ensure turnover to new booster officers.</li> <li>• Scholastic Honor Roll nomination form handed out. Due by early Sep. Coach and Principal signatures required.</li> </ul>
TBD	U S Rowing Youth National Championship Regatta, Lake Mercer, NJ
TBD	NSRA Regatta, Cooper River, Camden County, NJ
8	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.

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15	Sandy Run race course removal and equipment storage. - Two shifts: 9 am-12 pm, 1 pm-4 pm.
30	Final budget statement due