

# Virginia Scholastic Rowing Association

P.O. Box 73, Fairfax Station, VA 22039

## AGENDA

Board of Directors Meeting, Vienna Fire Station Hall

400 Center St South, Vienna, VA 22103

February 7, 2017, 7:30 PM

### I. President / Regatta Director. (Dorothy Lazor)

1. Regatta Preparations. At this stage we are well into our pre season preparations. All our regattas have been registered with USRowing, officials have been recruited to the chief referee positions for the regattas and the regattas are posted on Regatta Central and CrewRef. Also, numerous logistic concerns have been addressed.
2. Schedule of Events. As we have done in the last several years, we will be running a small boats/large boats schedule at our large regattas. Every regatta other than the Polar Bear is a large regatta. Small boats, singles, doubles, quads and fours, will be in the morning with eights in the afternoon. Any variation to this schedule will be notified as soon as possible. VASRA will attempt to provide a second weigh in window, however this is dependent on referee availability. Notification of this will be posted during the week prior to the regatta.
3. Lightweight Certification. The window is a four week period beginning one week prior to the first day of VHSL allowed spring practice day and three weeks after the VHSL imposed official first day of practice. That is between 13 February and 13 March for 2017. For rowers coming out for the team late, for whatever reason, s/he must be tested within ten days of starting practice and/or conditioning, or before s/he is allowed to compete in a competition. The information is no longer available on the Fairfax County Public Schools (FCPS) website. The information and documents are posted on the VASRA website ([http://vasra.org/Weight\\_Control\\_Program.html](http://vasra.org/Weight_Control_Program.html)). VASRA is not the agent responsible for the Weight Program, it remains with FCPS Athletic Department.
4. SRAA Lightweight Forms. All forms must be submitted by 1 April. There is an additional requirement this year that requires signature by a parent/guardian. Do not leave it till the last minute; they will not accept late submissions.
5. Regatta Parking. Thus far we have been unable to find a location with sufficient parking or willing to provide sufficient parking to meet all our parking needs. At this point we will continue with on-site parking going to the over flow site once the Sandy Run parking is full. Please encourage your parents and rowers to carpool.
6. Parking Services. West Springfield is again providing a team of combined booster groups to do the parking.
7. Application for Membership/s. At our last meeting we received an application for membership from Broad Run High School, Ashburn, VA. A vote on that is required. We have two additional applications for membership: Rockbridge County High School, Lexington, VA and St John Paul the Great, Prince William County.
8. First Day on the Water. Monday, 20 February, 2017, is the beginning of the Spring Season.
9. Regatta Staff – LOC (Local Organizing Committee) the Permanent Positions. The names for the individuals for these positions are due. As these are season long positions, they may be shared with another person from your team, but you are required to have a trained person there at all regattas.
10. Spring Work Days. Preparation of the course is everyone's responsibility; if you row on the Occoquan then you should be there helping.
11. Coxswains Clinic. VASRA is hosting Coxswains Clinic on 18 February, 9:00-2:00, at Lake Braddock Secondary School. The guest presenter is Kristen Kit, who is a member of the Canadian National Team. Sign up will be on Regatta Central, there is an administrative fee of \$10, which includes lunch.
12. Mary Whipple Coxswain's Clinic is 25-26 February, at Georgetown University. There are three segments \$95 for each segment. Two of the segments are limited and have 10 or less slots available. Registration is through Regatta Central [https://www.regattacentral.com/clubs/?org\\_id=2916](https://www.regattacentral.com/clubs/?org_id=2916)
13. NOVA Request for Proposals for: Rower and Coxswain Training Program at Sandy Run and Bull Run. The bid submissions are due by 17 February. This initiative by NOVA once again raises the question of resource allocation of Sandy Run as a facility dedicated to scholastic rowing. How do you reconcile that to the addition of for profit rowing education such as Resilient Rowing and other groups seeking opportunities there?

14. Safety. Rowing has grown enormously in our area. We have over 2,000 scholastic rowers in our community; over half of those practice on the Occoquan. This presents us with some challenging situations both on land and water. Ensure that your teams are respectful of the land based venue that host them; speeding, parking and general deportment of your athletes effects all us and the willingness of the local authorities to support us. The situation on the water is one that has some significant potential dangers. The race course area is very crowded. Please make every effort to stagger your usage as much as possible, so we do not have all 1,200 athletes trying to use the same body of water at the same time.
15. Coaches Safety Meeting. A Coaches Safety Meeting will be held on 18 February, 2:30-4:00, at Lake Braddock Secondary School. All coaches rowing on the Occoquan from Sandy Run or Bull Run are required to attend. Those from Oxford House, Prince William are encouraged to attend.
16. Regatta Parking Passes and Credentials. Regatta parking passes and credentials will be available at the March meeting. These will not be distributed until all required information has been supplied and individuals identified for positions. That means update the contact information and names for the LOC and for the coaches. If coaches do not supply cell numbers, then no credentials will be issued to them as it is a safety matter for contact during regattas. The number of coaches parking passes is determined by the team numbers; there is a maximum of 5 coach parking passes per organization. How you distribute them is up to your organization.
17. Committee. We are seeking persons to be members of the By-Laws Review Committee and Nominations Committee. Both committees present in May and action is required at the following meeting in June.

II. Secretary. (Tom Snoich)

1. Attendance: Sign and update the roster. Pick up your school tent card.
2. Reading and approval of the minutes of the January VASRA meeting.
3. The VASRA Calendar – Key Dates – these affect your team.
4. Website.
5. Contacts: make sure that there is a reliable contact, an email address that will respond to VASRA communications.
6. Coaches cell information needed.
7. Changes to submissions to VASRA
8. The lightweight information is posted with links to the relevant FCPS publications and documents.

III. Treasurer. (Jane Henry)

1. Financial Report for January.

IV. Vice President. (Jim Weitekamp)

1. Representatives Handbook.
2. Launch Driver Training.

V. Representatives.

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|----------------------------|---------------------------------------|
| 1. Crew Council            | Zeff Yusof (Georgetown Visitation AD) |
| 2. Sandy Run Regional Park | Crystal Wilson/Zach Phren (NVRPA)     |
| 3. Coaches                 | Bryan Tylander (WT Woodson)           |

VI. Coordinators.

1. Personnel Coordinator Shirley von Rinteln
  1. Volunteer Coordinators confirm name
  2. Regatta schedule coordination
  3. Job assignments
  4. Volunteer Coordinators meeting, noon-2:30, 26 February, 2017.
2. Course Master (Chief River Rat) Jules Verster

VII. Committees.

1. Budget/Audit  
Kathy Gustafson  
Cameron Naron
2. Grievance
3. Long Range Planning  
Dorothy Lazor  
Tom Snoich  
Shirley Von Rinteln ( Westfield)  
Bryan Tylander
4. By-Laws Review

VIII. New Business.

IX. Announcements.

1. 11 February - Referee Clinic, Knights of Columbus, 8:30-1:00, 8592 Richmond Hwy, Alexandria, VA 22309.
2. 13 February - Lightweight window opens.
3. 18 February - Coxswains Clinic, 9:00-2:00, Lake Braddock Secondary School.
4. 18 February - Coaches Safety Meeting, 2:30-4:00, Lake Braddock Secondary School.
5. 20 February - First day on the water.
6. 25 February - Work Day.
7. 26 February - noon-2:30, LOC and Volunteer Coordinator Meeting.
8. 25-26 February - Mary Whipple Coxswain Clinic.
9. 4 March - Work Day.
10. 7 March – BOD Meeting.
11. 11 March - Work Day.
12. 13 March - Lightweight window closes.
13. 18 March - Work Day.
14. 25 March- Polar Bear Regatta.
15. 1 April - Regional Park Regatta.

X. Adjournment.

Next meeting is Tuesday, 7 March, 2017, Vienna Fire Station Hall.