



2015 Virginia Scholastic Rowing

Official Results

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 01: W-1-4 Heat 1 @ 08:00 AM							
1st	3	L. Braddock (L. Egeland)	06:06.30				
2nd	4	Oakton (M. Stacey)	06:08.51	0.6%	00:02.21	00:00:02.21	
3rd	2	W. Potomac (J. Willis)	06:16.09	2.7%	00:07.58	00:00:09.79	
4th	5	Briar Woods (H. Herbstritt)	06:24.61	5.0%	00:08.52	00:00:18.31	
5th	1	Madison (A. Swankowski)	06:54.09	13.0%	00:29.48	00:00:47.79	
Race 02: W-1-4 Heat 2 @ 08:06 AM							
1st	3	Mnt Vernon (M. Robinson)	05:57.00				
2nd	4	Fairfax (J. BAE)	06:01.45	1.2%	00:04.45	00:00:04.45	
3rd	2	Mathews (k. james)	06:13.05	4.5%	00:11.60	00:00:16.05	
4th	1	W. Springfield (B. Windhausen)	06:27.00	8.4%	00:13.95	00:00:30.00	
5th	5	Maury (C. Joly)	06:39.31	11.9%	00:12.31	00:00:42.31	
Race 03: W-1-4 Heat 3 @ 08:12 AM							
1st	3	Langley (K. Robinson)	05:59.80				
2nd	4	Woodson (R. Bodrog)	06:06.33	1.8%	00:06.53	00:00:06.53	
3rd	5	Stn Bridge (K. Copeland)	06:14.51	4.1%	00:08.18	00:00:14.71	
4th	2	S. County (I. Hoang)	06:18.45	5.2%	00:03.94	00:00:18.65	
5th	1	Westfield (A. Liagouris)	07:10.26	19.6%	00:51.81	00:01:10.46	
Race 04: W-1-4 Heat 4 @ 08:18 AM							
1st	4	Gloucester (C. Martin)	05:58.40				
2nd	1	Wakefield (N. Rendon)	06:01.91	1.0%	00:03.51	00:00:03.51	
3rd	3	Episcopal (S. Thomas)	06:09.20	3.0%	00:07.29	00:00:10.80	
4th	2	1st Colonial (L. Acosta)	06:24.82	7.4%	00:15.62	00:00:26.42	
5th	5	Bish. Sullivan (b. wild)	06:51.76	14.9%	00:26.94	00:00:53.36	
Race 05: W-2x Heat 1 @ 08:24 AM							
1st	2	W. Albemarle A (M. Vidal)	06:04.90				
2nd	4	Great Bridge A (B. Spangler)	06:08.03	0.9%	00:03.13	00:00:03.13	
3rd	3	SSSA (P. Solms)	06:10.99	1.7%	00:02.96	00:00:06.09	
4th	5	Mathews (T. Hummel)	06:44.30	10.8%	00:33.31	00:00:39.40	
5th	1	Albemarle B (E. MacKnight)	07:05.50	16.6%	00:21.20	00:01:00.60	
Race 06: W-2x Heat 2 @ 08:30 AM							
1st	3	Albemarle A (C. Earles)	06:12.00				
2nd	4	Frank Cox (A. Herrman)	06:14.27	0.6%	00:02.27	00:00:02.27	
3rd	5	Great Bridge B (S. Lamphear)	06:15.55	1.0%	00:01.28	00:00:03.55	
4th	1	W. Albemarle B (O. Spencer)	06:15.75	1.0%	00:00.20	00:00:03.75	
5th	2	Gar-Field (N. Choe)	06:17.03	1.4%	00:01.28	00:00:05.03	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 07: M-1x Heat 1 @ 08:36 AM							
1st	3	W. Albemarle A (H. Shannon)	06:09.60				
2nd	4	Mathews (W. Riley)	06:14.09	1.2%	00:04.49	00:00:04.49	
3rd	2	James River (N. McMordie)	06:16.19	1.8%	00:02.10	00:00:06.59	
4th	1	W. Albemarle C (R. Correll)	06:17.32	2.1%	00:01.13	00:00:07.72	
5th	5	Potomac (I. Tahir)	07:28.04	21.2%	01:10.72	00:01:18.44	
Race 08: M-1x Heat 2 @ 08:42 AM							
1st	1	W. Albemarle B (W. Martin)	06:13.50				
2nd	3	Albemarle (D. Braatz)	06:17.90	1.2%	00:04.40	00:00:04.40	
3rd	4	Wakefield (J. Stalica-Galeano)	06:19.46	1.6%	00:01.56	00:00:05.96	
4th	5	Kempsville (D. Callahan)	06:27.06	3.6%	00:07.60	00:00:13.56	
5th	2	Great Bridge (B. Laughlin)	07:11.21	15.5%	00:44.15	00:00:57.71	
Race 09: W-1-4x Heat 1 @ 08:48 AM							
1st	3	Woodbridge (E. Applegate)	05:37.90				
2nd	4	Albemarle (H. MacKnight)	05:54.26	4.8%	00:16.36	00:00:16.36	
3rd	2	Hylton (C. Krueger)	06:02.79	7.4%	00:08.53	00:00:24.89	
4th	1	Oakton (A. Mehdi)	06:11.84	10.0%	00:09.05	00:00:33.94	
5th	5	Hylton 2nd (A. Kandetzki)	06:42.29	19.1%	00:30.45	00:01:04.39	
Race 10: W-1-4x Heat 2 @ 08:54 AM							
1st	3	W. Albemarle (E. Bragaw)	05:42.10				
2nd	4	Stuart (E. Dubas)	05:48.36	1.8%	00:06.26	00:00:06.26	
3rd	2	Gar-Field (M. Marth)	06:22.51	11.8%	00:34.15	00:00:40.41	
4th	5	Potomac (A. Oatman)	06:32.36	14.7%	00:09.85	00:00:50.26	
Race 11: M-1-4x Heat 1 @ 09:00 AM							
1st	3	Woodbridge (M. Banks)	05:14.10				
2nd	4	Stuart (R. Dubas)	05:15.82	0.5%	00:01.72	00:00:01.72	
3rd	2	S. County (S. Kerat)	05:22.23	2.6%	00:06.41	00:00:08.13	
4th	5	Hylton LTW (D. Shannon)	05:27.84	4.4%	00:05.61	00:00:13.74	
Race 12: M-1-4x Heat 2 @ 09:06 AM							
1st	4	Granby (J. Jimenez)	05:21.20				
2nd	3	W. Albemarle (C. Spradlin)	05:27.13	1.8%	00:05.93	00:00:05.93	
3rd	5	Albemarle (E. Williams)	05:30.96	3.0%	00:03.83	00:00:09.76	
4th	2	Hylton (M. Rosa)	05:52.32	9.7%	00:21.36	00:00:31.12	
Race 13: W-JR-4 Heat 1 @ 09:12 AM							
1st	4	Visitation (E. Kinyon)	06:04.40				
2nd	5	James River (G. Delano)	06:07.92	1.0%	00:03.52	00:00:03.52	
3rd	3	Woodbridge (M. Barrera)	06:13.53	2.5%	00:05.61	00:00:09.13	
4th	2	Woodson (B. Zhao)	06:21.14	4.6%	00:07.61	00:00:16.74	
5th	1	Great Bridge (E. Rapada)	06:35.86	8.6%	00:14.72	00:00:31.46	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 14: W-JR-4 Heat 2 @ 09:18 AM							
1st	3	W. Potomac (R. Hardison)	06:05.10				
2nd	1	Granby (V. Chekas)	06:22.19	4.7%	00:17.09	00:00:17.09	
3rd	4	NCS (E. Cannon)	06:34.01	7.9%	00:11.82	00:00:28.91	
4th	5	S. County (J. Brookhart)	06:43.52	10.5%	00:09.51	00:00:38.42	
5th	2	Robinson (M. Guldin)	06:56.70	14.1%	00:13.18	00:00:51.60	
6th	6	Bish. Sullivan (G. Kayal)	07:03.26	15.9%	00:06.56	00:00:58.16	
Race 15: M-JR-4 Heat 1 @ 09:24 AM							
1st	3	L. Braddock (G. Colmenarez)	05:36.90				
2nd	1	Wakefield (A. Lane)	05:42.08	1.5%	00:05.18	00:00:05.18	
3rd	4	Stn Bridge (A. Calpin)	05:50.42	4.0%	00:08.34	00:00:13.52	
4th	5	Robinson (S. Ortiz)	06:09.09	9.6%	00:18.67	00:00:32.19	
5th	2	Hylton (B. Jackson)	06:40.74	18.9%	00:31.65	00:01:03.84	
Race 16: M-JR-4 Heat 2 @ 09:30 AM							
1st	4	Mathews (L. South)	05:34.40				
2nd	3	Langley (j. masom)	05:44.17	2.9%	00:09.77	00:00:09.77	
3rd	5	Hickory (k. lutzkanin)	05:53.98	5.9%	00:09.81	00:00:19.58	
4th	2	Gar-Field (J. Cox)	06:06.67	9.7%	00:12.69	00:00:32.27	
Race 17: M-JR-4 Heat 3 @ 09:36 AM							
1st	3	St. Albans (R. Friberg)	05:35.90				
2nd	4	Woodson (J. Keen)	05:51.21	4.6%	00:15.31	00:00:15.31	
3rd	5	Stuart (S. Mullane)	06:07.85	9.5%	00:16.64	00:00:31.95	
4th	2	Forest Park (J. Manne)	06:15.04	11.7%	00:07.19	00:00:39.14	
Race 18: W-LT-4 Heat 1 @ 09:42 AM							
1st	3	W. Springfield (B. McClellan)	06:06.10				
2nd	5	S. Friends (H. Geadah)	06:12.04	1.6%	00:05.94	00:00:05.94	
3rd	2	L. Braddock (G. Rodriguez)	06:13.44	2.0%	00:01.40	00:00:07.34	
4th	4	Gar-Field (H. Smith)	07:11.72	17.9%	00:58.28	00:01:05.62	
Race 19: W-LT-4 Heat 2 @ 09:48 AM							
1st	5	Woodbridge (M. Wilks)	06:07.50				
2nd	4	Fairfax (E. Rutan)	06:14.63	1.9%	00:07.13	00:00:07.13	
3rd	3	W-L (K. Burdette)	06:22.36	4.0%	00:07.73	00:00:14.86	
Race 20: M-LT-4 Heat 1 @ 09:54 AM							
1st	3	Great Bridge (J. Harris)	05:26.70				
2nd	4	Wakefield (A. Jump)	05:28.50	0.6%	00:01.80	00:00:01.80	
3rd	1	Norfolk Acad (R. Moscoso)	05:29.58	0.9%	00:01.08	00:00:02.88	
4th	2	Fairfax (D. Chang)	05:31.56	1.5%	00:01.98	00:00:04.86	
5th	5	Langley (A. Stankey)	05:37.13	3.2%	00:05.57	00:00:10.43	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 21: M-LT-4 Heat 2 @ 10:00 AM							
1st	3	L. Braddock (J. Sheehan)	05:33.90				
2nd	4	Stn Bridge (E. Melcher)	05:37.80	1.2%	00:03.90	00:00:03.90	
3rd	5	James River (S. Richbourg)	05:56.44	6.8%	00:18.64	00:00:22.54	
Race 22: W-2-4 Heat 1 @ 10:06 AM							
1st	1	S. County (T. Vitus)	06:12.10				
2nd	2	Gloucester (R. Witt)	06:17.76	1.5%	00:05.66	00:00:05.66	
3rd	3	Episcopal (E. Forehand)	06:22.35	2.8%	00:04.59	00:00:10.25	
4th	4	Mnt Vernon (S. Lerma)	06:53.17	11.0%	00:30.82	00:00:41.07	
5th	5	Fairfax (A. Ali)	06:56.32	11.9%	00:03.15	00:00:44.22	
Race 23: W-2-4 Heat 2 @ 10:12 AM							
1st	2	L. Braddock (E. Kim)	06:21.30				
2nd	3	W. Potomac (T. Haas)	06:29.29	2.1%	00:07.99	00:00:07.99	
3rd	5	Oakton (K. Parthasarathy)	06:36.64	4.0%	00:07.35	00:00:15.34	
4th	6	Oakton 3rd (E. Tillet)	06:44.66	6.1%	00:08.02	00:00:23.36	
5th	4	Langley (J. Talamantes)	06:45.50	6.3%	00:00.84	00:00:24.20	
6th	1	Briar Woods (A. Preston)	07:19.69	15.3%	00:34.19	00:00:58.39	
Race 24: M-2-4 Heat 1 @ 10:18 AM							
1st	3	McLean (J. Kim)	05:30.60				
2nd	5	W. Springfield (B. Stephenson)	05:36.25	1.7%	00:05.65	00:00:05.65	
3rd	2	Gloucester (J. Hutson)	05:45.57	4.5%	00:09.32	00:00:14.97	
4th	4	Stn Bridge (C. Nelson)	05:47.94	5.2%	00:02.37	00:00:17.34	
5th	1	Norfolk Acad (C. Kazakis)	06:49.94	24.0%	01:02.00	00:01:19.34	
Race 25: M-2-4 Heat 2 @ 10:24 AM							
1st	3	TC Williams (S. Schneider)	05:35.20				
2nd	4	S. County (P. LeMay)	05:38.46	1.0%	00:03.26	00:00:03.26	
3rd	1	Hickory (A. Romulo)	06:11.68	10.9%	00:33.22	00:00:36.48	
4th	2	Fairfax (Q. Anthony)	06:16.05	12.2%	00:04.37	00:00:40.85	
Race 26: W-JR-8 Heat 1 @ 10:30 AM							
1st	3	TC Williams (J. Mellon)	05:37.90				
2nd	4	W. Potomac (H. Paros)	05:46.53	2.6%	00:08.63	00:00:08.63	
3rd	1	Oakton (K. Mead)	05:47.63	2.9%	00:01.10	00:00:09.73	
4th	5	Norfolk Acad (S. Nevarez)	05:55.63	5.2%	00:08.00	00:00:17.73	
5th	2	Visitation (C. Rubinger)	06:14.61	10.9%	00:18.98	00:00:36.71	
Race 27: W-JR-8 Heat 2 @ 10:36 AM							
1st	4	W. Springfield (K. Rupinen)	05:40.40				
2nd	3	Langley (T. Kuligowski)	05:42.73	0.7%	00:02.33	00:00:02.33	
3rd	5	James River (M. Wheeler)	05:49.89	2.8%	00:07.16	00:00:09.49	
4th	1	Stuart (H. Labor)	05:59.80	5.7%	00:09.91	00:00:19.40	
5th	2	Episcopal (K. Lukes)	06:17.23	10.8%	00:17.43	00:00:36.83	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 28: M-JR-8 Heat 1 @ 10:42 AM							
1st	3	Woodbridge (N. Borg)	04:53.60				
2nd	4	W-L (T. Moreno)	04:56.08	0.8%	00:02.48	00:00:02.48	
3rd	5	Fairfax (A. Burton)	05:03.48	3.4%	00:07.40	00:00:09.88	
4th	1	S. County (J. Graff)	05:06.03	4.2%	00:02.55	00:00:12.43	
5th	2	L. Braddock (C. hodges)	05:07.57	4.8%	00:01.54	00:00:13.97	
Race 29: M-JR-8 Heat 2 @ 10:48 AM							
1st	3	Jefferson (A. Iyer)	04:58.30				
2nd	4	Yorktown (A. Oltorik)	04:59.92	0.5%	00:01.62	00:00:01.62	
3rd	2	Hickory (N. jacka)	05:00.68	0.8%	00:00.76	00:00:02.38	
4th	5	Forest Park (C. Hassert)	05:02.19	1.3%	00:01.51	00:00:03.89	
5th	1	Briar Woods (G. Verfurth)	05:45.84	15.9%	00:43.65	00:00:47.54	
Race 30: W-2-8 Heat 1 @ 10:54 AM							
1st	4	Yorktown (H. Fussell)	05:33.90				
2nd	2	NCS (A. DiGregorio)	05:38.19	1.3%	00:04.29	00:00:04.29	
3rd	3	McLean (T. Stirling)	05:39.12	1.6%	00:00.93	00:00:05.22	
4th	5	Norfolk Acad (E. Herring)	05:43.84	3.0%	00:04.72	00:00:09.94	
Race 31: W-2-8 Heat 2 @ 11:00 AM							
1st	3	TC Williams (A. Ashraf)	05:25.70				
2nd	4	Robinson (A. McCarthy-Kline)	05:29.24	1.1%	00:03.54	00:00:03.54	
3rd	5	Madison (K. Wingate)	05:29.44	1.1%	00:00.20	00:00:03.74	
4th	2	Jefferson (B. Knight)	05:29.70	1.2%	00:00.26	00:00:04.00	
Race 32: M-2-8 Heat 1 @ 11:06 AM							
1st	3	Jefferson (N. Vollbrecht)	04:44.10				
2nd	2	Langley (S. Kalinsky)	04:50.02	2.1%	00:05.92	00:00:05.92	
3rd	4	Madison (J. Fox)	04:51.32	2.5%	00:01.30	00:00:07.22	
4th	5	Robinson (M. Schleifer)	04:52.98	3.1%	00:01.66	00:00:08.88	
5th	1	Oakton (S. Gustafson)	05:00.28	5.7%	00:07.30	00:00:16.18	
Race 33: M-2-8 Heat 2 @ 11:12 AM							
1st	3	St. Albans (A. Vallaster)	04:43.10				
2nd	4	Woodson (E. Crunkhorn)	04:50.48	2.6%	00:07.38	00:00:07.38	
3rd	2	Yorktown (S. Holmes)	04:50.77	2.7%	00:00.29	00:00:07.67	
4th	5	W-L (H. Mai)	04:52.60	3.4%	00:01.83	00:00:09.50	
5th	1	Westfield (P. Anhalt)	05:08.29	8.9%	00:15.69	00:00:25.19	
Race 34: M-1-4 Heat 1 @ 11:18 AM							
1st	3	TC Williams (A. Leitner-Wise)	05:13.40				
2nd	2	S. County (S. Katragadda)	05:19.31	1.9%	00:05.91	00:00:05.91	
3rd	4	W. Potomac (G. Ours)	05:28.34	4.8%	00:09.03	00:00:14.94	
4th	1	Mnt Vernon (N. Moore)	05:45.24	10.2%	00:16.90	00:00:31.84	
5th	5	Hickory (T. Lutzkanin)	05:47.70	10.9%	00:02.46	00:00:34.30	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 35: M-1-4 Heat 2 @ 11:24 AM							
1st	3	W. Springfield (S. Meiller)	05:12.10				
2nd	1	Great Bridge (G. Whitescarver)	05:16.85	1.5%	00:04.75	00:00:04.75	
3rd	4	McLean (D. McCarthy)	05:17.03	1.6%	00:00.18	00:00:04.93	
4th	5	Gloucester (R. Simpson)	05:29.12	5.5%	00:12.09	00:00:17.02	
5th	2	Jefferson (L. Jelenak)	05:34.71	7.2%	00:05.59	00:00:22.61	
6th	6	Woodbridge (C. McClatchey)	06:00.37	15.5%	00:25.66	00:00:48.27	
Race 36: M-1-4 Heat 3 @ 11:30 AM							
1st	4	Fairfax (S. Newman)	05:17.70				
2nd	3	Norfolk Acad (G. Denk)	05:23.02	1.7%	00:05.32	00:00:05.32	
3rd	5	L. Braddock (B. White)	05:23.72	1.9%	00:00.70	00:00:06.02	
4th	1	Stn Bridge (L. Carlson)	05:30.85	4.1%	00:07.13	00:00:13.15	
5th	6	Briar Woods (O. Murphy)	06:11.20	16.8%	00:40.35	00:00:53.50	
6th	2	1st Colonial (P. Griffin)	06:26.80	21.8%	00:15.60	00:01:09.10	
Race 37: M-2x Heat 1 @ 11:36 AM							
1st	3	James River (J. Massey)	05:35.90				
2nd	2	Hylton A (I. Wampler)	05:37.42	0.5%	00:01.52	00:00:01.52	
3rd	4	Granby (S. Edge)	05:59.23	6.9%	00:21.81	00:00:23.33	
4th	5	Gar-Field B (C. Ortiz)	06:02.97	8.1%	00:03.74	00:00:27.07	
5th	1	Woodbridge (C. Hughes)	06:05.79	8.9%	00:02.82	00:00:29.89	
Race 38: M-2x Heat 2 @ 11:42 AM							
1st	5	Great Bridge (B. Guertler)	05:41.80				
2nd	4	Gloucester (Z. Moore)	05:42.38	0.2%	00:00.58	00:00:00.58	
3rd	3	Gar-Field A (W. Chenault)	05:48.23	1.9%	00:05.85	00:00:06.43	
4th	1	Albemarle (C. Benham)	05:51.49	2.8%	00:03.26	00:00:09.69	
5th	2	Hylton B (C. McNamara)	05:52.26	3.1%	00:00.77	00:00:10.46	
Race 39: W-1-4 Semi-Final 1 @ 12:33 PM							
1st	4	Gloucester (C. Martin)	05:46.50				
2nd	5	Oakton (M. Stacey)	05:48.83	0.7%	00:02.33	00:00:02.33	
3rd	3	L. Braddock (L. Egeland)	05:50.24	1.1%	00:01.41	00:00:03.74	
4th	6	Episcopal (S. Thomas)	05:54.96	2.4%	00:04.72	00:00:08.46	
5th	2	Wakefield (N. Rendon)	05:56.45	2.9%	00:01.49	00:00:09.95	
6th	1	W. Potomac (J. Willis)	06:05.99	5.6%	00:09.54	00:00:19.49	
Race 40: W-1-4 Semi-Final 2 @ 12:39 PM							
1st	4	Langley (K. Robinson)	05:47.10				
2nd	2	Woodson (R. Bodrog)	05:52.01	1.4%	00:04.91	00:00:04.91	
3rd	5	Fairfax (J. BAE)	05:53.31	1.8%	00:01.30	00:00:06.21	
4th	3	Mnt Vernon (M. Robinson)	05:54.20	2.0%	00:00.89	00:00:07.10	
5th	1	Mathews (k. james)	06:16.02	8.3%	00:21.82	00:00:28.92	
6th	6	Stn Bridge (K. Copeland)	06:20.06	9.5%	00:04.04	00:00:32.96	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 41: W-1-8 Heat 1 @ 12:45 PM							
1st	3	TC Williams (M. Justiniano)	05:07.60				
2nd	4	Jefferson (M. Passacantando)	05:16.29	2.8%	00:08.69	00:00:08.69	
3rd	2	W-L (F. Browne)	05:21.94	4.7%	00:05.65	00:00:14.34	
4th	1	Forest Park (L. Sowers)	05:25.38	5.8%	00:03.44	00:00:17.78	
5th	5	Westfield (R. Arnold)	05:36.31	9.3%	00:10.93	00:00:28.71	
Race 42: W-1-8 Heat 2 @ 12:51 PM							
1st	3	McLean (K. McGinn)	05:10.10				
2nd	4	NCS (G. Farran)	05:15.03	1.6%	00:04.93	00:00:04.93	
3rd	5	Visitation (D. Walker)	05:21.68	3.7%	00:06.65	00:00:11.58	
4th	2	Norfolk Acad (T. Wing)	05:30.73	6.7%	00:09.05	00:00:20.63	
5th	1	Hickory (A. Jackson)	05:35.09	8.1%	00:04.36	00:00:24.99	
Race 43: W-1-8 Heat 3 @ 12:57 PM							
1st	3	Robinson (J. Groth)	05:08.20				
2nd	4	Madison (M. Dail)	05:08.66	0.1%	00:00.46	00:00:00.46	
3rd	2	Yorktown (K. Newman)	05:21.36	4.3%	00:12.70	00:00:13.16	
4th	5	S. Friends (H. Auerswald)	05:29.04	6.8%	00:07.68	00:00:20.84	
Race 44: M-1-8 Heat 1 @ 01:03 PM							
1st	3	W-L (G. Toth)	04:32.00				
2nd	4	Robinson (C. Berigan)	04:35.50	1.3%	00:03.50	00:00:03.50	
3rd	2	Langley (J. Meeker)	04:38.83	2.5%	00:03.33	00:00:06.83	
4th	1	Forest Park (C. Cotter)	04:57.84	9.5%	00:19.01	00:00:25.84	
5th	5	W. Potomac (J. Flowers)	05:23.68	19.0%	00:25.84	00:00:51.68	
Race 45: M-1-8 Heat 2 @ 01:09 PM							
1st	3	St. Albans (W. Trimble)	04:32.80				
2nd	2	Jefferson (S. Stechuk)	04:38.50	2.1%	00:05.70	00:00:05.70	
3rd	4	Yorktown (J. Mohr)	04:41.94	3.4%	00:03.44	00:00:09.14	
4th	1	W. Springfield (L. Chapman)	05:11.01	14.0%	00:29.07	00:00:38.21	
5th	5	1st Colonial (Z. Davis)	05:13.39	14.9%	00:02.38	00:00:40.59	
Race 46: M-1-8 Heat 3 @ 01:15 PM							
1st	4	Woodson (T. Holtslander)	04:40.20				
2nd	3	Madison (D. Tucker)	04:41.18	0.3%	00:00.98	00:00:00.98	
3rd	2	Westfield (J. Bowen)	04:42.95	1.0%	00:01.77	00:00:02.75	
4th	5	Oakton (C. Garrett)	04:48.23	2.9%	00:05.28	00:00:08.03	
Race 47: W-1x Final @ 01:21 PM							
1st	3	W. Albemarle (N. Gallagher)	06:37.80				
2nd	2	Mathews (L. Thompson)	06:40.63	0.7%	00:02.83	00:00:02.83	
3rd	5	Granby (F. Teevan-Kamhawi)	06:41.51	0.9%	00:00.88	00:00:03.71	
4th	4	Great Bridge (H. Woolridge)	06:52.35	3.7%	00:10.84	00:00:14.55	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 48: M-1x Final @ 01:29 PM							
1st	3	W. Albemarle A (H. Shannon)	05:56.40				
2nd	2	Albemarle (D. Braatz)	06:01.05	1.3%	00:04.65	00:00:04.65	
3rd	5	Mathews (W. Riley)	06:04.23	2.2%	00:03.18	00:00:07.83	
4th	6	Wakefield (J. Stalica-Galeano)	06:13.02	4.7%	00:08.79	00:00:16.62	
5th	1	James River (N. McMordie)	06:17.71	6.0%	00:04.69	00:00:21.31	
6th	4	W. Albemarle B (W. Martin)	06:18.46	6.2%	00:00.75	00:00:22.06	
Race 49: W-2x Final @ 01:37 PM							
1st	4	Albemarle A (C. Earles)	05:52.40				
2nd	1	SSSA (P. Solms)	05:55.96	1.0%	00:03.56	00:00:03.56	
3rd	3	W. Albemarle A (M. Vidal)	05:59.66	2.1%	00:03.70	00:00:07.26	
4th	5	Great Bridge A (B. Spangler)	06:09.28	4.8%	00:09.62	00:00:16.88	
5th	2	Frank Cox (A. Herrman)	06:13.83	6.1%	00:04.55	00:00:21.43	
6th	6	Great Bridge B (S. Lamphear)	06:18.72	7.5%	00:04.89	00:00:26.32	
Race 50: M-LT-2x Final @ 01:45 PM							
1st	2	Great Bridge A (J. English)	05:40.10				
2nd	3	Albemarle (J. Pierce)	05:41.00	0.3%	00:00.90	00:00:00.90	
3rd	1	Granby (B. Ellis)	05:49.75	2.8%	00:08.75	00:00:09.65	
4th	4	Stuart (m. caple)	06:02.40	6.6%	00:12.65	00:00:22.30	
5th	5	Great Bridge B (H. Jessee)	06:11.53	9.2%	00:09.13	00:00:31.43	
Race 51: W-1-4x Final @ 01:53 PM							
1st	4	W. Albemarle (E. Bragaw)	05:29.00				
2nd	3	Woodbridge (E. Applegate)	05:32.82	1.2%	00:03.82	00:00:03.82	
3rd	2	Stuart (E. Dubas)	05:37.50	2.6%	00:04.68	00:00:08.50	
4th	5	Albemarle (H. MacKnight)	05:47.38	5.6%	00:09.88	00:00:18.38	
5th	1	Hylton (C. Krueger)	06:01.00	9.7%	00:13.62	00:00:32.00	
6th	6	Gar-Field (M. Marth)	06:36.38	20.5%	00:35.38	00:01:07.38	
Race 52: M-1-4x Final @ 02:01 PM							
1st	4	Granby (J. Jimenez)	04:59.20				
2nd	5	Stuart (R. Dubas)	05:00.87	0.6%	00:01.67	00:00:01.67	
3rd	3	Woodbridge (M. Banks)	05:05.27	2.0%	00:04.40	00:00:06.07	
4th	2	W. Albemarle (C. Spradlin)	05:08.97	3.3%	00:03.70	00:00:09.77	
5th	1	S. County (S. Kerat)	05:09.16	3.3%	00:00.19	00:00:09.96	
6th	6	Albemarle (E. Williams)	05:25.29	8.7%	00:16.13	00:00:26.09	
Race 53: W-JR-4 Final @ 02:09 PM							
1st	4	W. Potomac (R. Hardison)	05:50.90				
2nd	5	James River (G. Delano)	05:55.57	1.3%	00:04.67	00:00:04.67	
3rd	3	Visitation (E. Kinyon)	05:57.56	1.9%	00:01.99	00:00:06.66	
4th	1	Woodbridge (M. Barrera)	06:02.66	3.4%	00:05.10	00:00:11.76	
5th	2	Granby (V. Chekas)	06:16.78	7.4%	00:14.12	00:00:25.88	
6th	6	NCS (E. Cannon)	06:25.28	9.8%	00:08.50	00:00:34.38	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 54: M-JR-4 Final @ 02:17 PM							
1st	4	L. Braddock (G. Colmenarez)	05:16.90				
2nd	5	St. Albans (R. Friberg)	05:18.01	0.4%	00:01.11	00:00:01.11	
3rd	3	Mathews (L. South)	05:20.14	1.0%	00:02.13	00:00:03.24	
4th	6	Langley (j. masom)	05:23.98	2.2%	00:03.84	00:00:07.08	
5th	1	Woodson (J. Keen)	05:31.72	4.7%	00:07.74	00:00:14.82	
6th	2	Wakefield (A. Lane)	05:44.58	8.7%	00:12.86	00:00:27.68	
Race 55: W-LT-4 Final @ 02:25 PM							
1st	4	Woodbridge (M. Wilks)	05:46.60				
2nd	3	W. Springfield (B. McClellan)	05:49.11	0.7%	00:02.51	00:00:02.51	
3rd	2	Fairfax (E. Rutan)	05:51.12	1.3%	00:02.01	00:00:04.52	
4th	1	L. Braddock (G. Rodriguez)	05:52.89	1.8%	00:01.77	00:00:06.29	
5th	5	S. Friends (H. Geadah)	06:10.70	7.0%	00:17.81	00:00:24.10	
Race 56: M-LT-4 Final @ 02:33 PM							
1st	3	Great Bridge (J. Harris)	05:13.40				
2nd	4	L. Braddock (J. Sheehan)	05:16.04	0.8%	00:02.64	00:00:02.64	
3rd	1	Norfolk Acad (R. Moscoso)	05:18.62	1.7%	00:02.58	00:00:05.22	
4th	5	Wakefield (A. Jump)	05:20.48	2.3%	00:01.86	00:00:07.08	
5th	2	Stn Bridge (E. Melcher)	05:23.07	3.1%	00:02.59	00:00:09.67	
Race 57: W-2-4 Final @ 02:41 PM							
1st	1	Episcopal (E. Forehand)	05:56.10				
2nd	3	S. County (T. Vitus)	06:00.98	1.4%	00:04.88	00:00:04.88	
2nd	4	L. Braddock (E. Kim)	06:00.98	1.4%		00:00:04.88	
4th	5	Gloucester (R. Witt)	06:06.20	2.8%	00:05.22	00:00:10.10	
5th	2	W. Potomac (T. Haas)	06:17.89	6.1%	00:11.69	00:00:21.79	
6th	6	Oakton (K. Parthasarathy)	06:22.16	7.3%	00:04.27	00:00:26.06	
Race 58: M-2-4 Final @ 02:49 PM							
1st	3	McLean (J. Kim)	05:13.40				
2nd	2	S. County (P. LeMay)	05:16.91	1.1%	00:03.51	00:00:03.51	
3rd	4	TC Williams (S. Schneider)	05:17.75	1.4%	00:00.84	00:00:04.35	
4th	5	W. Springfield (B. Stephenson)	05:32.03	5.9%	00:14.28	00:00:18.63	
5th	1	Gloucester (J. Hutson)	05:37.13	7.6%	00:05.10	00:00:23.73	
6th	6	Hickory (A. Romulo)	06:15.36	19.8%	00:38.23	00:01:01.96	
Race 59: W-LT-2x Final @ 02:57 PM							
1st	4	Stuart A (E. Nguyen)	06:10.20				
2nd	3	Granby A (C. Baylosis)	06:19.12	2.4%	00:08.92	00:00:08.92	
3rd	1	Stuart B (M. Novak)	06:19.32	2.5%	00:00.20	00:00:09.12	
4th	5	W. Albemarle (E. Massarelli)	06:23.34	3.5%	00:04.02	00:00:13.14	
5th	6	Granby B (s. cohen)	06:34.61	6.6%	00:11.27	00:00:24.41	
6th	2	Albemarle (R. Lloyd)	06:39.23	7.8%	00:04.62	00:00:29.03	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 60: W-JR-8 Final @ 03:05 PM							
1st	2	Langley (T. Kuligowski)	05:14.00				
2nd	1	Oakton (K. Mead)	05:19.69	1.8%	00:05.69	00:00:05.69	
3rd	4	W. Springfield (K. Rupinen)	05:22.13	2.6%	00:02.44	00:00:08.13	
4th	3	TC Williams (J. Mellon)	05:24.84	3.5%	00:02.71	00:00:10.84	
5th	5	W. Potomac (H. Paros)	05:38.77	7.9%	00:13.93	00:00:24.77	
6th	6	James River (M. Wheeler)	05:41.49	8.8%	00:02.72	00:00:27.49	
Race 61: M-JR-8 Final @ 03:13 PM							
1st	3	Woodbridge (N. Borg)	04:41.80				
2nd	4	Jefferson (A. Iyer)	04:46.74	1.8%	00:04.94	00:00:04.94	
3rd	5	W-L (T. Moreno)	04:50.83	3.2%	00:04.09	00:00:09.03	
4th	2	Yorktown (A. Oltorik)	04:53.66	4.2%	00:02.83	00:00:11.86	
5th	1	Fairfax (A. Burton)	04:55.46	4.8%	00:01.80	00:00:13.66	
6th	6	Hickory (N. Jacka)	05:01.90	7.1%	00:06.44	00:00:20.10	
Race 62: W-LT-8 Final @ 03:21 PM							
1st	3	TC Williams (R. Vannatta)	05:04.80				
2nd	5	Woodson (S. Boucher)	05:36.06	10.3%	00:31.26	00:00:31.26	
3rd	4	S. County (M. Mercado)	05:39.85	11.5%	00:03.79	00:00:35.05	
Race 63: M-LT-8 Final @ 03:29 PM							
1st	3	McLean (D. Kenworthy)	04:36.20				
2nd	2	TC Williams (S. Suvanasai)	04:38.33	0.8%	00:02.13	00:00:02.13	
3rd	5	Woodbridge (Z. Hyzy)	04:50.30	5.1%	00:11.97	00:00:14.10	
4th	4	W. Potomac (J. Hammer)	04:50.74	5.3%	00:00.44	00:00:14.54	
Race 64: W-2-8 Final @ 03:37 PM							
1st	5	NCS (A. DiGregorio)	05:11.30				
2nd	4	TC Williams (A. Ashraf)	05:15.57	1.4%	00:04.27	00:00:04.27	
3rd	3	Yorktown (H. Fussell)	05:17.71	2.1%	00:02.14	00:00:06.41	
4th	2	Robinson (A. McCarthy-Kline)	05:24.74	4.3%	00:07.03	00:00:13.44	
5th	6	Madison (K. Wingate)	05:25.30	4.5%	00:00.56	00:00:14.00	
6th	1	McLean (T. Stirling)	05:26.00	4.7%	00:00.70	00:00:14.70	
Race 65: M-2-8 Final @ 03:45 PM							
1st	4	St. Albans (A. Vallaster)	04:27.20				
2nd	3	Jefferson (N. Vollbrecht)	04:32.47	2.0%	00:05.27	00:00:05.27	
3rd	2	Woodson (E. Crunkhorn)	04:37.56	3.9%	00:05.09	00:00:10.36	
4th	6	Yorktown (S. Holmes)	04:39.47	4.6%	00:01.91	00:00:12.27	
5th	1	Madison (J. Fox)	04:39.81	4.7%	00:00.34	00:00:12.61	
6th	5	Langley (S. Kalinsky)	04:45.28	6.8%	00:05.47	00:00:18.08	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 66: M-2x Final @ 03:53 PM							
1st	3	James River (J. Massey)	05:19.20				
2nd	5	Hylton A (I. Wampler)	05:23.08	1.2%	00:03.88	00:00:03.88	
3rd	6	Gar-Field A (W. Chenault)	05:24.16	1.6%	00:01.08	00:00:04.96	
4th	2	Gloucester (Z. Moore)	05:27.36	2.6%	00:03.20	00:00:08.16	
5th	4	Great Bridge (B. Guertler)	05:38.05	5.9%	00:10.69	00:00:18.85	
6th	1	Granby (S. Edye)	06:00.63	13.0%	00:22.58	00:00:41.43	
Race 67: W-1-4 Petite Final @ 04:01 PM							
1st	5	Wakefield (N. Rendon)	05:49.70				
2nd	3	Episcopal (S. Thomas)	05:52.10	0.7%	00:02.40	00:00:02.40	
3rd	1	W. Potomac (J. Willis)	06:10.57	6.0%	00:18.47	00:00:20.87	
	2	Mathews (k. james)	Scratch				
	4	Mnt Vernon (M. Robinson)	Scratch				
	6	Stn Bridge (K. Copeland)	Scratch				
Race 68: W-1-4 Final @ 04:06 PM							
1st	4	Langley (K. Robinson)	05:32.40				
2nd	3	Gloucester (C. Martin)	05:36.83	1.3%	00:04.43	00:00:04.43	
3rd	5	Oakton (M. Stacey)	05:38.32	1.8%	00:01.49	00:00:05.92	
4th	1	L. Braddock (L. Egeland)	05:39.32	2.1%	00:01.00	00:00:06.92	
5th	6	Fairfax (J. BAE)	05:40.31	2.4%	00:00.99	00:00:07.91	
6th	2	Woodson (R. Bodrog)	05:41.16	2.6%	00:00.85	00:00:08.76	
Race 69: M-1-4 Petite Final @ 04:11 PM							
1st	3	McLean (D. McCarthy)	05:09.60				
2nd	6	Gloucester (R. Simpson)	05:13.58	1.3%	00:03.98	00:00:03.98	
3rd	4	W. Potomac (G. Ours)	05:15.58	1.9%	00:02.00	00:00:05.98	
4th	5	L. Braddock (B. White)	05:24.22	4.7%	00:08.64	00:00:14.62	
5th	1	Stn Bridge (L. Carlson)	05:30.48	6.7%	00:06.26	00:00:20.88	
6th	2	Mnt Vernon (N. Moore)	05:39.91	9.8%	00:09.43	00:00:30.31	
Race 70: M-1-4 Final @ 04:16 PM							
1st	4	TC Williams (A. Leitner-Wise)	04:53.40				
2nd	3	W. Springfield (S. Meiller)	04:53.59	0.1%	00:00.19	00:00:00.19	
3rd	5	Fairfax (S. Newman)	05:02.21	3.0%	00:08.62	00:00:08.81	
4th	6	Great Bridge (G. Whitescarver)	05:09.88	5.6%	00:07.67	00:00:16.48	
5th	2	S. County (S. Katragadda)	05:12.20	6.4%	00:02.32	00:00:18.80	
6th	1	Norfolk Acad (G. Denk)	05:13.10	6.7%	00:00.90	00:00:19.70	
Race 71: W-1-8 Petite Final @ 04:21 PM							
1st	5	Yorktown (K. Newman)	05:13.30				
2nd	3	Visitation (D. Walker)	05:16.71	1.1%	00:03.41	00:00:03.41	
3rd	4	W-L (F. Browne)	05:17.73	1.4%	00:01.02	00:00:04.43	
4th	1	S. Friends (H. Auerswald)	05:19.03	1.8%	00:01.30	00:00:05.73	
5th	2	Forest Park (L. Sowers)	05:20.54	2.3%	00:01.51	00:00:07.24	
6th	6	Norfolk Acad (T. Wing)	05:23.44	3.2%	00:02.90	00:00:10.14	

Place	Lane	Organization	Net Time	%	Delta	Split	Pts
Race 72: W-1-8 Final @ 04:26 PM							
1st	4	TC Williams (M. Justiniano)	04:53.80				
2nd	3	McLean (K. McGinn)	04:56.02	0.8%	00:02.22	00:00:02.22	
3rd	6	NCS (G. Farran)	04:58.82	1.7%	00:02.80	00:00:05.02	
4th	1	Madison (M. Dail)	04:59.16	1.8%	00:00.34	00:00:05.36	
5th	5	Robinson (J. Groth)	04:59.81	2.0%	00:00.65	00:00:06.01	
6th	2	Jefferson (M. Passacantando)	05:06.01	4.2%	00:06.20	00:00:12.21	
Race 73: M-1-8 Petite Final @ 04:31 PM							
1st	3	Yorktown (J. Mohr)	04:34.00				
2nd	4	Langley (J. Meeker)	04:36.25	0.8%	00:02.25	00:00:02.25	
3rd	5	Westfield (J. Bowen)	04:36.47	0.9%	00:00.22	00:00:02.47	
4th	1	Oakton (C. Garrett)	04:47.90	5.1%	00:11.43	00:00:13.90	
5th	2	Forest Park (C. Cotter)	04:51.64	6.4%	00:03.74	00:00:17.64	
6th	6	W. Springfield (L. Chapman)	05:05.46	11.5%	00:13.82	00:00:31.46	
Race 74: M-1-8 Final @ 04:36 PM							
1st	3	St. Albans (W. Trimble)	04:19.80				
2nd	4	W-L (G. Toth)	04:24.81	1.9%	00:05.01	00:00:05.01	
3rd	5	Woodson (T. Holtslander)	04:27.65	3.0%	00:02.84	00:00:07.85	
4th	1	Madison (D. Tucker)	04:27.84	3.1%	00:00.19	00:00:08.04	
5th	6	Jefferson (S. Stechuk)	04:32.99	5.1%	00:05.15	00:00:13.19	
6th	2	Robinson (C. Berigan)	04:36.23	6.3%	00:03.24	00:00:16.43	